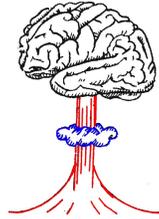


Universe

Who Are You Within the Context of Universe?



The ultimate reality is Universe. The circular river of consciousness flows from Universe cosmic consciousness into your brain to produce emotions and thoughts and back out to Universe. An infant is born unblocked and perceives the universal language of cosmic perception and communication. Cultural conditioning blocks this natural flow. With **Brain Self-Control** you will learn how to re-open your neural networks in order to receive cosmic intelligence & love.

Energy/entropy physics is the first reality of Universe. Energy is the force of growth, expansion, and Life. Entropy is the force of conformity, retrogression, and death. The cosmic egg exploded into 100,000,000,000 galaxies, each containing 100,000,000,000 stars with planets circling. Within all of this there exists YOU. You are the product of millions of years of interstellar evolution. You are evolving towards full neural-expansion. In order to fully understand yourself, then you not only need to understand the Universe, but you also need to understand your genetic makeup and the machine through which you perceive reality—your brain.

Your understanding of yourself is called your identity. Identity is your

positive definition of your Self integrated, dignified and noble within the context of Universe and cosmic consciousness. Identity is your negative definition of your Self as dis-integrated, un-dignified and ignoble within the context of your whining Child suck need for Mother-love and/or Father-love.

Identity is your positive/negative definition of your Self within the balanced context of how far you trust your Self to expand consciousness out into Universe and cosmic contact.

Identity is your trust of your Self to grow up.

Identity is your ability to outgrow your Mother's/Father's ignorance of your genetic power to release your own dormant brain; ignorance of your power to expand consciousness out into Universe and cosmic consciousness.

Identity is your ability to Know Thyself down to your first principle scientific fact of neurology so as to extrapolate intelligently and sanely out through your discoveries of new scientific facts of neurology so as to extrapolate intelligently and sanely out through your discoveries of new scientific facts of consciousness physics.

Identity is your ability to Know Thyself down to your philosophic probability of Mother-love need and/or Father-love need so as to outgrow this entropy via an act of will.

Identity is your genetic capacity to analyze your daily, monthly, yearly, and Life-long growth records with unemotional intelligence so as to transcend—via an act of will—your Child fear and adult fear of growing past the asymptote, thereby avoiding collapse of your genetic growth-drive into conformity, insanity, and then, self-destruction.

Identity is your ability to Know Thyself down to your genetic animal need and motive to "get love" through blind mating with an ego lover, to identify this as subtle perversion of your Child need for Mother-love/Father-love, to see how such perversion is an entropy bleeding off your energy of

genetic human motivation to transcend beyond space and time and to see how you now can grow up into ego less love shared with all others via pragmatic teaching and pro-Life social production.

Identity is your genetic capacity to analyze your daily, monthly, yearly, and Life-long growth records with emotional intelligence so as to accept the free gift of daily cosmic guidance into whole brain power up the cosmic ladder into contact with scientifically demonstrable cosmic communication.

Exercises

You should write all of the answers to the below questions in one of your **Brain Self-Control** notebooks. You are encouraged to use complete sentences when you answer each question.

Universe and Identity

1. Within the context of Universe, who are you? What is your emotional identity with your home galaxy? With your neighborhood solar system? With your family planet?

2. In the context of Universe, discuss:

- a. Who am I?
- b. What is Life?
- c. Where am I going?

3. Discuss your value system:

- d. The relation of you to your Self
- e. The relation of you to others
- f. The relation of you to primal nature

- g. The relation of you to planet Earth
- h. The relation of you to Universe
4. Is there a God? Describe.
5. What is the difference between the Philosophic Method of Inquiry, and the Scientific Method of Inquiry?
6. Is the Universe orderly? If so, then how would you account for chaos theory?
7. What is intelligence?
8. Why does intelligence exists?
9. Within the context of the Universe, what is the relation between your ego suck behaviors and cosmic intelligence?
10. What are values? What are facts? Compare and contrast the two.
11. What are Universal values: What are Universal facts?
12. Describe your identity? How is your identity related to Universe?
13. How are you Evolving?
14. Do you think you can attain cosmic consciousness/God consciousness? How will you do it?
15. What would you like to be doing five years from now? Ten years? Twenty years?
16. Define: Universe, cosmos, self, brain, evolution, space-time, genes, DNA, RNA, mutation, mutant, programmed behavior, genomes,

genetic code, replication, allele, dominant trait, hybrid, phenotype, genotype

17. Essay YOU in the context of the above definitions.

18. Do you feel that you can mutate into the next order of human consciousness? If so, then how will this benefit our species?

19. Compare and contrast energy and entropy? Make a list of entropic situations in your Universe? What routines can you establish so as to keep the entropy from draining your precious energy?

20. Categorize your entropic behaviors? What can you do to minimize these entropies, thereby increasing your personal mutation into whole brain power?

21. What is the difference between the Philosophic Method of Inquiry and the Scientific Method of Inquiry? What is the relation of each to Universe?

22. What are values? What are facts? What are universal values? Universal facts? How does each help you to re-connect your Child consciousness back into your cosmic connection?

Suggested Readings

Below is a suggested list of books that pertain to the Universe, and evolution. You will find a list of suggested readings in most of the study sections, and in the bibliographies of all of the papers contained within this

site. You are encouraged to read as many of these books as you can since not only will some of the exercise questions be based upon the subjects of these books, but for the simple reason that the more you learn about the universe in which you exist then the more you will know about yourself. But, then comes the paradox. As you learn and acquire new knowledges, then you will be humbled and realize that: "the more you know, the more you don't know." Enjoy.

Hoyle, F., and Wickramasinghe, N. C., *LifeCloud: The Origin of Life in the Universe*, Harper and Row, NY, 1978.

An excellent book on how life may have evolved on earth via extra-terrestrial DNA. Based upon the scientific fact that interstellar space is full of pre-biotic molecules.

Hoyle, F., and Wickramasinghe, N. C., *Evolution From Space: A Theory of Cosmic Creationism*. Touchstone Books, NY, 1981.

Argues that both the origin and the continuation of life on earth have always been subject to cosmic influences.

Hawking, Stephen, *The Universe in a Nutshell*, Bantam Books, NY, 2001.

Easily accessible reading that covers much of modern cosmology. Excellent illustrations.

Hawking, Stephen, *A Brief History of Time: From the Big Bang to Black Holes*, Bantam Books, NY, 1988.

Award winning book on Space and Time.

Narlikar, J. V., *An Introduction to Cosmology*, 3 ed., Cambridge University Press, Cambridge UK, 2002.

Covers all of the recent developments in cosmology, including mathematical models of standard cosmology. Should be comfortable with Calculus before attempting this one.

Charon, J., *The Unknown Spirit: The unity of matter and spirit in space and time.*, Coventure LTD, London, 1983.

This book may be hard to find, but it is worth all of the effort. Charon, a student of Einstein's, brings together physics and metaphysics. His primary contention is that "sub-atomic particles have many

extraordinary qualities which are similar to those attributed to 'spirit'. He develops a theory based on the virtually indestructible nature of these particles, and on the existence inside them of a space-time like that within black holes.

Chaisson, E., ***The Life Era: Cosmic Selection and Conscious Evolution***, The Atlantic Monthly Press, NY, 1987.

As Chaisson sees it: "just as matter separated itself out from energy and life developed from matter, so consciousness, which is arising out of life, by the same process of cosmic selection, may at some point separate itself out from life and become an autonomous entity."

Chaisson, E., ***Cosmic Dawn***, The Atlantic Monthly Press, NY, 1981.

Even though the Yo-Yo Theory of the universe is no longer accepted as a viable model, this is still an entertaining book and very informative.

Chaisson, E., ***Cosmic Evolution***, Harvard University Press, Cambridge Mass., 2001.

Chaisson entertains the idea that we are connected to distant space and time not only by our imagination but also through a common cosmic heritage.

Darwin, Charles, ***The Origin of Species***.

This easy to read classic is the one that started it all. Should be read by everyone who wishes to define his or her place in the Universe.

Teilhard de Chardin, Pierre, ***The Phenomenon of Man***, Harper and Row, NY, 1959.

Another classic by a priest who believed in evolution. The author puts forth the theory that the human race is evolving towards a spiritual state. Again, this book should be read by everyone.

Bucke, ***Cosmic Consciousness***.

This was the first scientist that put forth the idea that the human race is evolving toward a state of cosmic consciousness. His theory is supported by numerous historical figures such as: Christ, Paul, Thoreau, Whitman, etc.

Leary, T., ***Info-Psychology: A Manual on the Use of the Human Nervous System According to the Instructions of the Manufacturers***. Falcon Press, Las Vegas NV, 1989.

A fun and informative book by the guru of LSD. Leary takes a non-conventional approach to human evolution.

Hartl, D., Jones, E., ***Essential Genetics: A Genomics Perspective 3 ed.***, Jones and Bartlett Publishers, Boston, 2002.

This is a college text used in a first year genetics class. It is an easy read, very informative in regards to introductory genetics, and has some beautiful illustrations.



DR.RUPNATHJIK (DR.RUPAK NATH)